

# **KESSLER SCHOLARS**

Program Syllabus 2023-2024



### **Purpose of this Program Syllabus**

This curriculum guide will provide you with programmatic details of Kessler Scholars at UCR. Details will include instructions for appointment making, registering for workshops and activity information. If you have any questions, please feel free to reach out to the coordinator below.

NAME	POSITION	EMAIL	PHONE
Ebony Miles	Program Coordinator	ebony.miles@ucr.edu	951-827-1490

## **Kessler Scholars Program Requirements (2023-2024)**

All Kessler Scholars participants are expected to complete all of the Quarterly Requirements listed in this guide. As an active participant you will receive a \$500 quarterly scholarship that goes to your tuition. It is your responsibility to proactively communicate with the program coordinator if unable to fulfill these requirements. If you become inactive in the program your risk losing your financial scholarship connected with the program.

While a part of Kessler Scholars it is a requirement to maintain a 2.5GPA or above per quarter. You must maintain a full course load of at least 12 units per term.

It is expected that after your first year in the program you support new incoming Kessler Scholars as a peer mentor. As a group we will engage in a community service program. Lastly in your third or fourth year at UCR you will participate in a High Impact Program, in which we will provide you with a mini grant to offset the cost.

#### Four Year Program Breakdown

#### Year 1

- 2 individual meetings per quarter with program coordinator
- 2 workshops or activities per quarter
- Participate in peer mentoring

#### Year 2

- 1 individual meeting per quarter with program coordinator
- 1 ALL Kessler activity per quarter
- 1 Kessler <u>Individual</u> Peer mentoring session per quarter
- 1 Kessler <u>Group</u> Peer mentoring session per quarter
- 1 Cohort activity per quarter
- Participate in peer academic coaching

#### Year 3

- 1 individual meeting <u>ONLY in Fall Quarter</u> <u>and Spring Quarter</u> with program coordinator
- 1 ALL Kessler activity per quarter
- 1 Cohort activity per quarter
- High Impact Program Participation

#### Year 4

- 1 individual meeting <u>ONLY</u> in <u>Fall Quarter</u> and <u>Spring Quarter</u> with program coordinator
- 1 ALL Kessler activity per quarter
- 1 Cohort activity per quarter
- High Impact Program Participation

## **High Touch Program**

This program was created for frequent interactions with dedicated Kessler Scholars staff and first-generation peers. This is a cohort-based model meaning the students you begin with you will also complete with.

The goal of the high touch interaction is to support an on time 4-year graduation with a holistic experience.



## **Curriculum Workshop Themes**

	FALL 2023	WINTER 2024	SPRING 2024
•	College Basics & Resources	<ul> <li>Leadership Development</li> </ul>	<ul> <li>Intersectionality &amp; Belonging</li> </ul>
•	Self Confidence Building	<ul><li>Wellness &amp; Self Care</li></ul>	<ul> <li>Financial Workshop</li> </ul>
•	True Colors	<ul> <li>Purposeful Goal Setting</li> </ul>	High Impact Program Introduction
•	Values, Beliefs, Attitude &	<ul> <li>Community Service or</li> </ul>	<ul> <li>Career Exploration &amp; Paths</li> </ul>
	Behavior	Campus Project plan	Leadership Development

## **Kessler Scholars Web Page**

The <u>Kessler Scholars web page</u> includes our quarterly activities calendar and resource links to departments across campus. This page also includes an appointment link to schedule to meet individually with the program coordinator. Drop In Hours will also be posted. This curriculum guide will be linked as well.

## **Completing the Commitment Form**

Kessler Scholars is a grant funded program which requires thorough documentation via a commitment form. This was developed to help convey program expectations and most importantly to understand student background so the coordinator can best support you. Form to be completed via Qualtrics.

### **Campus Resources**

- Academic Calendar
- College Advising Centers
- Ethnic & Gender Programs Centers
- Academic Resource Center (ARC)
- Basic Needs
- Counseling & Psychological Services (CAPS)
- Student Organizations
- Campus Events

#### Communications from Kessler Scholars

**EMAILS**: Kessler Scholars' main form of communication is through your STUDENT EMAIL. All updates and program information will be emailed out. It is a good practice to review your email at least once a week for UCR campus updates. It is your responsibility to respond to time-sensitive emails and read all information that is provided to you. All resources and opportunities are shared through email so be sure not to miss out!

**TEXT:** Ocelot verify with Nelly All Kessler Scholars participants will be opted into the Ocelot text group. You can opt out. This is where we send occasional time-sensitive updates, and program reminders. You can also directly message Kessler Scholars back via text.

#### Peer Mentoring (Adjust & Finalize with Elena – compromise on time commitment)

You will coordinate your mentorship sessions based on your availability. You are required to complete 4 (50 minute) sessions a quarter for the first year only. These sessions are created to provide you with peer support, academic skills and study habits that will ultimately help you achieve academic success. You will schedule your appointments via Accudemia for Weeks 3,5,7,9.



## **Signing Up for Individual Meetings**

One on one meetings with the program coordinator are crucial in supporting your success at UCR. During these meetings you will receive guidance, support with campus tools and assistance with short term goals.

You will schedule your 1:1 meetings via Accudemia during Week 2 and 8. You must complete 2 sessions with the program coordinator

- 1. On the Kessler Scholars Web Page, you will see the sign-up links for Accudemia
- 2. To create a log in click the Forgot your Password link, a password recovery screen will show, you will need the following information:
  - User ID This is your existing Student ID (SID).
  - Email Use your NetId@ucr.edu address
  - Captcha Code This is the code show in the Captcha field.
- 3. After entering the information please click Request Password, if the system recognizes your information expect to receive an email with Instructions. Please sure to check in all of your email folders, if no email has been received then please email the ARC at <a href="mailto:arc@ucr.edu">arc@ucr.edu</a> and <a href="mailto:CC kesslerscholars@ucr.edu">CC kesslerscholars@ucr.edu</a>
- 4. Once logged in you will be able to select the Kessler Scholars Program (remaining language to be determined speak with Anita in ARC)
  - YOUR MEETING WILL BE CONDUCTED IN THE KESSLER SCHOLARS OFFICE, please
    arrive on time and wait for your advisor to call you into the meeting. They may be a few
    minutes late if they are finishing up a meeting before your scheduled time.
  - If you require a virtual meeting please connect with the coordinator. This is ONLY on a case by case basis. All 1:1 meetings should be in person.
- 5. If you need to reschedule your meeting or cancel (language to be determined speak with Anita in ARC)
- 6. If you have any questions or concerns regarding your Quarterly Meetings, please reach out to the program coordinator.

#### Registering for Kessler Scholars Workshops

Kessler events and activities meant to connect students with peers, staff, instructors, and campus community to build their networks of support. We also partner with campus departments to offer dedicated workshops focused on the academic, personal, and professional development of students.

It's IMPORTANT that you register for workshops!

- 1. On the Kessler Scholars Web Page, you will see a link to the events for each quarter.
- 2. Log into Accudemia-Click on the Accudemia logo Accudemia, use your SID as your User ID and Password.
- 3. Select Service Kessler Workshops. (Verify with Anita)
- 4. Select Course/Activity- ??? Workshop Remote.
- 5. Select Day/Time-Make an appointment for the day/time you'd like to attend the topic. Note which topic will be offered from the schedule above.
- 6. Select Confirm-You will receive an email confirmation with your appointment day/time.
- 7. On the day of your appointment, log into Accudemia by using your SID as your User ID and Password. Click on the green start session button in your appointment listing to join the zoom session.

## **Signing Up for Peer Mentoring**

You will select Kessler Peer Mentoring. Follow above steps. Discuss language with Anita

